



If you are eager to volunteer...

We invite you to think beyond the walls of the organization and help America learn about IFL USA.

Here are some impactful ways to get involved:

- Connect others with [IFL USA](#) through your social media
- Share about IFL USA in your posts and group chats
- Engage with our posts: like, comment, and share to help spread the word ([X](#), [Facebook](#), [Instagram](#))
- Encourage friends, colleagues, and family to join IFL USA [Legacy Society](#) and make [gifts in honor](#) or memory of their loved ones
- Create local or online fundraisers and direct [contributions](#) to IFL USA
- Ask your endocrinologist or diabetes educator to share IFL USA [information](#) with their patients
- Join our Legacy Society yourself
- Dedicate your birthday or special occasion to IFL by inviting others to give in your name

Additional ways to make an impact:

- Partner with local businesses to display [IFL materials and QR code](#) for donations
- Start or join a local IFL Ambassador Group to raise awareness in your community
- Invite influencers or community leaders to follow and support IFL USA online

Every action, large or small, helps expand awareness, inspire giving, and support people in need living with diabetes!

#IFLUSA #VolunteerWithPurpose #LegacySociety #DiabetesAwareness #CommunityImpact